

3RD DEGREE BLACK BELT (cont.)

UL JI HYUNG

<u>TECHNIQUE</u>	<u>STANCE</u>
32. Right outer knifehand block with left palm heel block	Left back
33. Left high punch	Right back
34. Left double outer forearm block	Right back (2 step back)
35. Right turning round kick	
36. Left reverse side kick	
37. Left double outer forearm block	Right back
38. Right upset palm heel block	Left back (step back)
39. Turn lt. 180° - left reverse inner forearm block	Right front
40. Right reverse inner forearm block	Left front
41. Left high punch	Middle (move lt. foot)
42. Right high punch (kihap)	

Move left foot back to ready position