

2ND DEGREE BLACK BELT - RECOMMENDED (cont.)

KO DANG HYUNG

<u>TECHNIQUE</u>	<u>STANCE</u>
34. Right hook kick	
35. Right round kick	
36. Right sidekick (34,35,36 in combination)	
37. Right side upset ridgehand strike	Left back
38. Left hook kick	
39. Left round kick	
40. Left sidekick (38,39,40 in combination)	
41. Left side upset ridgehand strike	Right back
42. Right double knifehand block	Left back
43. Left double knifehand block	Right back

Move left foot back to ready position