

WELCOME



I would like to welcome all ATF members and their families to the **2024 ATF National Tournament**. Our weekend will begin with an exciting Black Belt Testing on Friday, November 8th. The

following day we will begin the national tournament that will be composed of Forms, Sparring, Demo Team competition and Board Breaking competition.

I look forward to seeing you at the tournament.

Grandmaster Yun S. Chung

ATF NATIONAL BLACK BELT TESTING

Friday, March 8, 2024
Chung's TKD Center, Montgomery AL

National Black Belt testing is open to black belts wishing to test for higher rank. Anyone testing for high rank must submit a Black Belt testing application to the ATF Headquarters by:
Monday, November 1, 2023



Tournament Saturday, March 9, 2024
St. James Church, Montgomery AL

TOURNAMENT INFORMATION

Black Belt Meeting	8:30 a.m.
Black Belt Competition	9:00 a.m.
Board Breaking Competition	11:00 a.m.
Opening Ceremonies	12:00 noon

Following Opening Ceremonies:
Demo Team and Color Belt Competition

- All students are required to wear a white traditional uniform.
- All trainees and certified instructors are required to have the proper patches and trim according to ATF regulations.

• **White-Yellow-Orange Belt Competition:**

This competition will consist of forms and One-steps. Students must choose three different one-steps to perform for competition.

• **Green-Black Belt Competition:**

This competition will consist of Forms and Sparring competition. Students must have ALL of the required protective gear. They must also abide by ATF sparring regulations.

- All gear must be **RED Foam Sparring Gear**

REQUIRED GEAR

- Head Gear
- Hand Gear
- Foot Gear
- Mouthpiece
- Groin Protector (Males)

• **Division Separation**

- Color belts will be divided by rank first then by age.
- Black belts will be divided according to their TOP TEN DIVISION.

• **Board Breaking Competition**

This competition is open to ALL students. In order to participate, you must participate in regulation competition. Students will break a maximum of three stations. Division is based on difficulty. Students must bring their own boards.

REGISTRATION FORM

Name _____ ATF Comp Age _____

DOB ___/___/___ (age as of Jan 1 of finals year)

Instructor _____

School/Club _____

City _____ State _____

Day of tournament contact phone no: _____

BLACK BELTS: (Date of Rank) _____

BLACK BELTS:

_____ Girls 10 & under

_____ Girls 11 - 12

_____ Girls 13 - 15

_____ Boys 10 & under

_____ Boys 11 - 12

_____ Boys 13 - 15

_____ Women 1st-2nd (16-32)

_____ Women 3rd-up (16-32)

_____ VIP Women (33-45)

_____ Executive Women (46-up)

_____ Men 1st-2nd (16-32)

_____ Men 3rd-up (16-32)

_____ VIP Men 1st-2nd (33-45)

_____ VIP Men 3rd-up (33-45)

_____ Executive Men (46-up)

COLOR BELTS:

_____ Jr. Girl

_____ Women (16-34)

_____ VIP Women (35+)

_____ Jr. Boy

_____ Men (16-34)

_____ VIP Men (35+)

BELT COLOR:

_____ White

_____ Yellow

_____ Orange

_____ Green

_____ Blue

_____ Purple

_____ Red

_____ Brown

Registration Fee (NO REFUNDS) - Instructor mark when paid _____