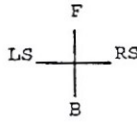


4TH DEGREE BLACK BELT (cont.)



CH'OI YONG HYUNG

<u>TECHNIQUE</u>	<u>STANCE</u>
32. Right tension middle hooking block (rt. foot moves) (TURN 180° RT)	Parallel (to LS)
33. Left middle punch	
34. Chamber right side kick and right double outer forearm block (TR 90°)	(to RS)
35. Right side kick	RT
36. Right high upset hammer fist to left palm (hop to stance) (Kihap)	Right X
37. Right double outer forearm block (lt. foot step clockwise) (180° RT)	Left back (to LS)
38. Left front / round kick combination	
39. Right jump spin hook kick (rotating 360°)	
40. Right middle knifehand strike	Left back
41. Left tension middle hooking block (lt. foot moves)	Parallel (to RS)
42. Right middle punch	
43. Chamber for left side kick & left double outer forearm block	(to LS)
44. Left side kick	
45. Left high upset hammer fist to right palm (hop to stance) (Kihap)	Left X
46. Left double outer forearm block (rt. foot step counter clockwise)	Right back (to RS)
47. Right front / round kick combination	
48. Left jump spin hook kick (rotating 360°)	
49. Left middle knifehand strike	Right back
50. Right high side punch (SPIN AROUND)	Left back

Move right foot back to ready position