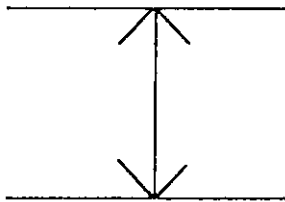


YOO SIN

Pronounced (Yu Sin)

Yoo Sin is named after Kim Yoo Sin, the great General in the Silla Dynasty who was instrumental in uniting the three kingdoms of Korea. The 68 movements refer to the last two figures of the year 668 A. D., the year of the unification of Korea.

The pattern made by this form:



of Movements- 68

of Kihaps- 3

#1 Twin Elbow Strikes

#38 Right Punch

#64 Right Hammerfist

All of the colors of the spectrum combined together make up the color black. The Black Belt, therefore represents the absorption and mastery of all the previous belts and their respective colors.