

# GAE-BAEK HYUNG

Pronounced (Gay Beck)

Gae Baek is named after Gae Baek, a great general in the Baekche Dynasty (600 A. D.). The diagram (|) represents his severe and strict military discipline.

The pattern made by this form:



**# of Movements - 44**

**# of Kihaps - 3**

#1 Middle Knifehand X-Block

#23 Right Hop Side Kick

#35 Right Reverse Upset Knuckle Punch

No fear of the dark and greater respect for the light.  
A Black Belt stands tall among the forest and shelters the weak  
for posterity and prosperity.