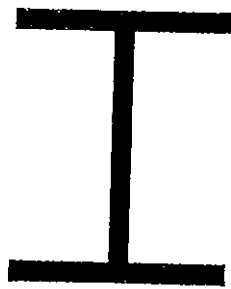


# KI-BON HYUNG

Pronounced ( Key-Bone )

Ki-Bon means "Basic Foundation"

The pattern made by this form:



**# of Movements - 16**

**# of Kihaps - 2**

#10 RIGHT MIDDLE PUNCH

#16 Right High Block

The white color of the belt represents a newly planted seed.  
The student is nurturing their physical and mental growth through  
Taekwondo.