

## 5TH GRADE DARK GREEN BELT (cont.)

### YUL GOHK

#### TECHNIQUE

35. Left reverse middle punch
36. Left jumping backfist (kihap)
37. Right double inner forearm block (SAN-SOO)
38. Left double inner forearm block (SAN-SOO)

Move left foot back to ready position

#### STANCE

X-stance  
Right front  
Left front