

Purple Belt

Form Name: Tae-Gae (*Pronounced: Tway Gaye*)

Tae-Gae was a scholar who worked to improve the education system in Korea.

37 Movements 2 Yells

The Purple belt represents the rain cloud.
The student is persevering through the storm.

TECHNIQUE	FORM	STANCE
1. Left Inner Forearm Block		Right Back
2. Right Reverse Low Palm Heel Strike		Left Front
3. Tension High-Low Block		Closed
4. Right Inner Forearm Block		Left Back
5. Left Reverse Low Palm Heel Strike		Right Front
6. Tension High-Low Block		Closed
7. Low X-Block		Left Front
8. Twin High Punch		
9. Right Front Kick		Right Front
10. Right Middle Punch		
11. Left Reverse Middle Punch		
12. Tension Balance Move		Closed
13. R. Stomp/Twin Inner Forearm Block		Middle
14. L. Stomp/Twin Inner Forearm Block		Middle
15. L. Stomp/Twin Inner Forearm Block		Middle
16. R. Stomp/Twin Inner Forearm Block		Middle
17. L. Stomp/Twin Inner Forearm Block		Middle
18. L. Stomp/Twin Inner Forearm Block		Middle
19. Left Low Section Sang-soo Block		Middle
20. Twin Neck Grab		Left Back
21. Right Knee Strike (<i>Kihap!</i>)		Left Front
22. Double Knifehand Block		Right Back
23. Left Front Kick		
24. Left High Section Spearhand Strike		Left Front
25. Double Knifehand Block		Left Back
26. Right Front Kick		
27. Right High Section Spearhand Strike		Right Front
28. Left Low Block & Right Backfist		Right Back
29. Low Section X-Block		X-Stance
30. Right Sang-soo Block		Right Front
31. Low Double Knifehand Block		Right Back
32. Right Single Inner Forearm Block		Left Front
33. Low Section Double Knifehand Block		Left Back
34. Left Single Inner Forearm Block		Right Back
35. Right Single Inner Forearm Block		Right Front
36. Left Single Inner Forearm Block		Left Front
37. Right Middle Punch (<i>Kihap!</i>)		Right Front

Bar-troh! *Right foot steps back to ready position*

ONE-STEPS

- 1. Attacker:** Bear hug (Defender facing Attacker)
Defender: Clap hands over attacker's ears. Left hand grabs back of head or collar, Right hand pushes up under the chin, Twist attacker's head like around, Take attacker down to the floor, Execute finishing technique (*Kihap*).
- 2. Attacker:** Bear hug (Defender facing away)
Defender: Knuckle punch to the back of the hand, Use thumbs to grab the forearms, Pull arms apart and step away, Execute a sidekick (*Kihap*).
- 3. Attacker:** While standing behind Defender, grab both wrists.
Defender: Step back and under Attacker's arm, Grab Attacker's wrists, Apply a figure-four lock with the arms, Attacker should tap out.
- 4. Attacker:** While facing the Defender, right hand grabs the Defender's left shoulder.
Defender: Step in with the right foot, Left hand up to grab Attacker's hand, Right hand inner forearm strike to neck, Continue the motion with a take down.

